

# Private Virtual Workshops for the City of New York

City of New York employees can now connect with their colleagues on a journey to wellness.

Day	Time	Coach
Monday	1:00 PM	Rosemary B
Tuesday	11:00 AM	Silmara R
Tuesday	5:00 PM	Dana F
Wednesday	1:00 PM	Rosemary B
Thursday	7:30 AM	Carol P
Thursday	11:30 AM	Nina F

Join the City of New York's Private Connect Group today to access these Workshops!  
*(Click below from a mobile device with the WW App downloaded)*

[Click Here to Join!](#)

