

# Shop for success!

Want to make getting (and staying!) healthy even easier? Say hello to our range of delicious, good-for-you foods, available in your local supermarket. With store cupboard staples, delicious snacks and programme-friendly meals all to hand, you can turn to them on those busy days when staying on track can be more of a challenge. Just like you can a trusted friend! Find your favourites here...

## BAKERY

- Caramel Cake Bars** Morrisons and Tesco
- Carrot Cake Slices** Morrisons and Sainsbury's
- Chocolate Mini Rolls** Asda, Morrisons and Sainsbury's
- Folded Garlic Naan Breads** Tesco
- Lemon & Poppy Seed Slices** Morrisons
- Malted Danish Bread** Asda, Co-Operative, Morrisons, Sainsbury's and Tesco
- Mini Garlic & Coriander Naan Breads** Morrisons
- Pitta Breads** Asda
- Plain Naan Bread** Ocado
- Thick White Bread** Asda, Morrisons and Sainsbury's
- Thick Wholemeal Bread** Asda, Co-Operative, Morrisons and Sainsbury's
- White Danish Bread** Asda, Co-Operative, Morrisons and Sainsbury's
- Wraps** Asda, Iceland, Morrisons and Tesco



## CHILLED PREPARED MEALS

- Bolognese Al Forno Ready Meal** Asda, Morrisons, Sainsbury's and Tesco
- Chicken & Mushroom Pie Ready Meal** Asda and Morrisons
- Chicken Korma Ready Meal** Asda, Morrisons and Tesco
- Chicken Lasagne Ready Meal** Asda and Morrisons
- Chicken Tikka Ready Meal** Asda, Morrisons, Sainsbury's, and Tesco
- Chilli & Wedges Ready Meal** Asda, Morrisons and Tesco
- Crustless Bacon & Leek Quiche** Asda
- Crustless Cheese & Onion Quiche** Asda
- Hunters Chicken & Rice Ready Meal** Asda and Morrisons
- Jamaican Jerk Chicken with Rice Ready Meal** Asda and Morrisons
- Red Thai Curry with Jasmine Rice Ready Meal** Asda, Morrisons and Sainsbury's
- Sausages & Mash Ready Meal** Asda and Morrisons



## DAIRY

- Apricot & Nectarine Yogurts** Asda, Morrisons and Waitrose
- Berry Fruit Fromage Frais** Asda, Morrisons, Sainsbury's, Tesco and Waitrose
- British Favourites Yogurts** Asda, Co-Operative, Morrisons, Sainsbury's, Tesco and Waitrose
- Cheddar Block** Asda and Morrisons
- Cheese Triangles** Asda and Sainsbury's
- Citrus Fruit Yogurts** Morrisons, Sainsbury's and Tesco
- Dessert Recipe Yogurts** Asda, Morrisons, Sainsbury's and Tesco
- Grated Cheddar** Asda and Morrisons
- Sliced Cheese** Asda and Morrisons
- Summer Fruit Fromage Frais** Asda, Morrisons, Sainsbury's, Tesco and Waitrose
- Summer Fruit Yogurts** Asda, Morrisons, Sainsbury's, Tesco and Waitrose
- Toffee & Vanilla Flavour Yogurts** Asda, Morrisons, Sainsbury's and Tesco



## STORE CUPBOARD

- Caramel Wafers** Asda, Morrisons, Sainsbury's, Tesco and Waitrose
- Chocolate Biscuits** Tesco, Sainsbury's and Waitrose
- Ginger & Lemon Cookies** Tesco
- Mature Cheddar & Caramelised Onion Crisps Multipack** Poundland
- Milk Choc Digestives** Co-Operative, Morrisons, Sainsbury's and Tesco
- Oat Digestive Biscuits** Sainsbury's
- Oaty Choc Chip Mini Cookies** Tesco
- Ready Salted Crisps Multipack** Poundland
- Roast Chicken Crisps Multipack** Poundland
- Sour Cream & Chive Crisps Multipack** Poundland



## FROZEN

- Toffee & Honeycomb Sundaes** Asda



## ALL YOU NEED FOR A healthier home

Weight Watchers Healthy Fold-Out Grill



Weight Watchers Portion Controlled Grill



Weight Watchers Compact Air Fryer



Weight Watchers Bluetooth Scales



Stay on track with the help of Weight Watchers electrical items for the kitchen and bathroom

Delivered straight to your door. Available at WW Shop ([weightwatchersshop.co.uk](http://weightwatchersshop.co.uk))

## PACK A PICNIC

Keep picnic food cool, contained and easy to transport with our fun selection



Summertime is made for fresh-air feasting, so make the most of it with a picnic of favourite foods. Whether you love to snack on sarnies, graze on small bites or tuck into salads, our on-the-go storage solutions will keep your meal fresh.



Available at WW Shop ([weightwatchersshop.co.uk](http://weightwatchersshop.co.uk))

Discover the latest programme offers at [weightwatchers.co.uk](http://weightwatchers.co.uk) weight watchers

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