# WeightWatchers.com Thanksgiving Weekly Planner 

| Monday | Saturday |
| :--- | :--- |
|  |  |
|  |  |
| Tuesday |  |
|  |  |
| Friday |  |
|  |  |
| Wednesday |  |
|  |  |
|  |  |
|  |  |
|  |  |

November 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 1 |  | 2 |  |  |  |  |

