

weightwatchers

turn up the flavor weight watchers 360° program cookbook

Turn up the flavor will help you defeat temptation, one tasty, satisfying dish at a time. With the delicious, healthful recipes that each include at least one wholesome Weight Watchers® Power Food, you'll be creating wow-worthy dishes in no time!

product highlights

- 200 nutritious party in-your-mouth recipes pack a punch—without packing on the pounds.
- Each recipe has at least 1 Weight Watchers Power Food
- It gives you helpful information about the special ingredients that add a kick to the recipes and forks over ideas that will help keep you full so you can stay on target.



cookbooks